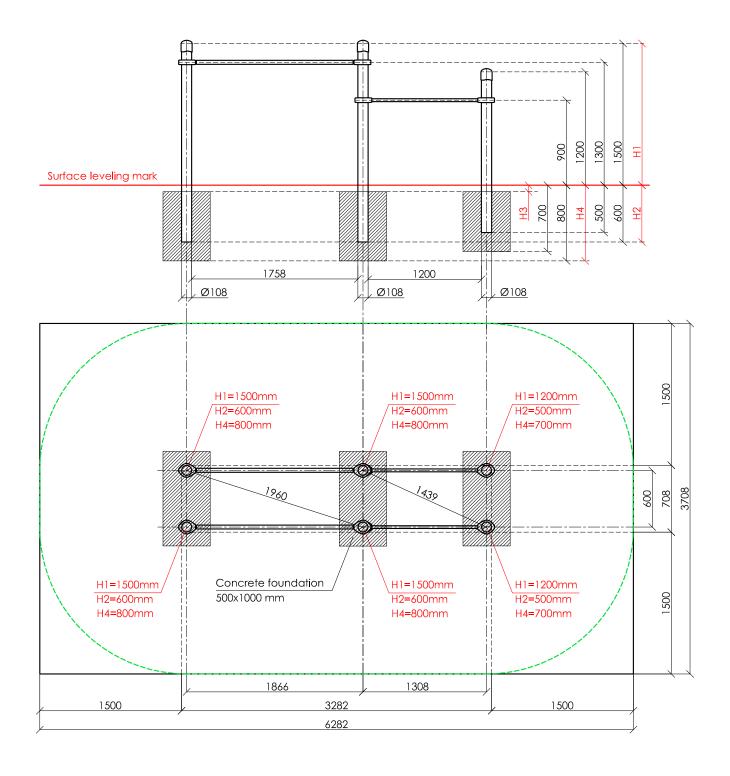
SCALE 1:40





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K-009

Double parallel bars for press-up with different levels



The construction consists of six vertical columns of different height and four horizontal crossbars: 2 pieces – 1200 mm in length, 2 pieces – 1758 mm in length. Crossbars are placed parallel. The distance between the parallel bars is 600 mm. Construction is secured together with siluminium clamps. Weight 138,2 kg

Installation instructions:

- Choose a suitable underground for the unit (see page 2, table 2)!
- Prepare the construction pit with a drilling machine or other devices.
- Before pouring the concrete all structures elements must be leveled and fixed.
- Complex elements must be fixed and bolted together with metal clamps.
- Ready-made C25 concrete should be used.
- Crossbars installation height can be changed according to customer's wishes.
- Approximately 0,15m³ concrete is needed for each spot foundation.
- Under the structures we recommend to install absorbing rubber cover.

The size of the hole for the foundation is depending on the consistency of the ground. The dimensions mentioned above are applicable for normal conditions with firm ground. If the ground is extremely soft, a much bigger foundation is needed. Use only appropriate material and follow the installation instructions closely!!!

Foundation plan and area of movement of the K-009 Double parallel bars for press-up with different levels				Technical information		
Foundation when using Shock absorbing underground (syntethic – rubber granulates)		Beveling of foundation when using loose filling material		width: height: lenght:	708 mm 1550 mm 3282 mm	
Н3	Drop height	Н3	Drop height	largest part:	2150 mm	
40 mm	> 1.21.4 m	20 cm	< 1.0 m	weight:	138,2 kg	
50 mm	> 1.51.7 m	30 cm	< 2.0 m	floor space required	6282 x 3708 mm	
60 mm	> 1.82.0 m	40 cm	< 3.0 m	pipe measurements:	diameter:	wall thickness:
70 mm	> 2.12.5 m				108 mm	3.2 mm
	I.				42.4 mm	3.2 mm
shock absorbing underground	© 108 © 208 © 208 © 208 © 308 ©	loose filling material	800 200 200 200 300 300 300 300 300 300 3	metal parts: metal clamps: bolts for metal	steel, galvanized, powder coated RAL 7016 (anthracite grey) siluminium, powder coated, RAL 5018 (turquise blue)	
				clamps	stainless steel, Pin Hex Button Head Security bolts M10	
steel tube concrete		steel tube concrete	<u> </u>	max. free fall height:	< 1300 mm	possible underground see DIN 79000:2012-05 Tab.2 or installation instructions
500			500	user height:	> 140 cm	1
				maximum user weight:	130 kg	
			certifi		TÜV Rheinland InterCert Kft.	